

Worksheet 9

Present perfect – for and since

Present perfect vs Past simple

1a Complete each sentence with *for* or *since*.

- I've been here _____ yesterday.
- She's been living in London _____ 2002.
- I've been learning English _____ three years.
- He's been swimming every day _____ he was ten.
- He's been a professional coach _____ ten years.
- I've lived in the same town _____ a long time.
- I've admired her _____ we first met.

1b Complete the grammar summary below with *for* or *since*.

We use _____ to refer to a point in time.

We use _____ to refer to a length of time.

2 Use the correct form of the words in brackets and *for* and *since* to complete the conversation.

INTERVIEWER: Ben, how long have you been swimming?

BEN: Well, I started swimming when I was eight, so I've been swimming (1) _____ 14 years.

INTERVIEWER: And when (2) _____ (do) you start swimming in competitions?

BEN: I (3) _____ (enter) my first competition when I was ten.

INTERVIEWER: (4) _____ (do) you win?

BEN: No, didn't. I (5) _____ (win) my first race when I was twelve. It was fantastic.

INTERVIEWER: And how many times have you won (6) _____ then?

BEN: Oh! Lots of times. I've (7) _____ (swim) in so many races I can't remember.

INTERVIEWER: What is the best moment so far?

BEN: When I (8) _____ (be) in the Athens Olympic Games in 2004.

INTERVIEWER: Yes, I remember, you won a medal ...

BEN: That's right. I won a bronze medal.

3 Each sentence has one mistake. Write the correct sentences.

- She has won her first race five years ago.

- She has been running for she was twelve.

- When have you start your new job?

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4 She has broke lots of records.

5 I've dreamt of winning a medal since a long time.

6 I been skiing last year.

7 I started learning English for a long time ago.
